

# **Idahoan**Potatoes





VIP Code	Vendor Code	Description	Case Pack
610020	2970000766	Honest Earth® Rustic Mashed Potatoes with Butter & Sea Salt	8 / 26 oz

# **Honest Earth® Rustic Mashed Potatoes with Butter & Sea Salt**

Rich and hearty, with lumps and peels made from Certified 100% Idaho® Potatoes. With simple ingredients, Honest Earth® Rustic Mashed Potatoes bring the scratch-like taste and texture guests are craving with a fraction of the prep.

# Honest Earth® Rustic Mashed Potatoes with Butter & Sea Salt

# **Ingredients**

Idaho® potatoes with peel, butter, sea salt, acacia, natural flavor.

# **Preparation**

# **Better-for-You Preparation**

Add 1 gallon of hot  $(180^{\circ} - 190^{\circ}\text{F})$  water to a 6" x  $\frac{1}{2}$  size steam table pan. Add entire pouch of potatoes at once and stir with a wire whip to distribute evenly and wet all potatoes. Let stand 10 minutes. Mix well and serve.

## **Indulgent Preparation**

Heat 3 quarts of water and ½ cup of margarine or butter to a boil; remove from heat. Add 1 quart of cold milk and then add one pouch of potatoes while stirring. Let stand 10 minutes or until all liquid is absorbed. Fluff and serve.

### **Oven Preparation**

Measure 1 gallon tap water into full steam table pan. Add 1 pouch of potatoes, mix well. Cover with foil, bake at 325°F for 35-40 minutes. Mix well before serving.

Nutrition Fa	cts		
32 servings per container Serving size 1/4 cup dry (23g) 140g prepared			
Amount per serving Calories	80		
% [	aily Value*		
Total Fat 0.5g	1%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 200mg	9%		
<b>Total Carbohydrate</b> 17g	6%		
Dietary Fiber 2g	7%		
Total Sugars 0g			
Includes 0g Added Sugars	0%		
Protein 2g			
Vitamin D 0mcg	0%		
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Calcium 10mg	0% 2%		
Iron 0.4mg Potassium 270mg	6%		
The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.			