



General Mills Services, Inc.

520040 - Gldn Vlly Cmplt Bttrmlk Pnck Mix

Gold Medal™ consistent, tolerant, and easy-to-use complete pancake mix. Formulated to produce buttermilk pancakes with wheat base formula and sweeter vanilla flavor.



* Benefits

Nutrition Facts

Servings per Container **186**
Serving size **1/2cup+1Tmix(72g)makes3-4"pancakes**

Amount per serving
Calories 270

	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 820mg	35%
Total Carbohydrate 52g	18%
Dietary Fiber 2g	7%
Total Sugars 10g	
Includes 9g Added Sugars	18%
Protein 6g	
Vitamin D 0mg	0%
Calcium 110mg	8%
Iron 2.8mg	15%
Potassium 140mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, DEFATTED SOY FLOUR, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), DEXTROSE, BUTTERMILK, SALT, EGGS WITH SODIUM SILICOALUMINATE, SOY LECITHIN.

⚠ Allergens

Contains:



Handling Suggestions

Store in cool dry location. Pancake Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

Serving Suggestions

1/2 Cup + 1t Mix (72g) Makes 3 - 4" Pancakes

Prep & Cooking Suggestions

Place water and mix in bowl. Mix for 1 min, scrape bowl. Deposit batter on preheated griddle at 375 F. Grill 1-1/2 min on each side, turning once.

📄 Product Specifications

Brand	Manufacturer	Product Category
Gold Medal	GENERAL MILLS SALES INC.	Pancake & Waffle Mix

MFG #	SPC #	GTIN	Pack	Pack Desc.
16000-10832	520040	10016000108322	6	6/5 lbs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
33.5lb	30lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.68in	11.75in	10in	1.07ft3	10x5	372DAYS	32°F / 95°F



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Nutrition Analysis - By Serving

Calories	270kcal	Total Fat	3.5g	Sodium	820mg
Protein	6g	Trans Fats	0g	Calcium	110mg
Total Carbohydrates...	52g	Saturated Fat	1.5g	Iron	2.8mg
Sugars	10g	Added Sugars	9g	Potassium	140mg
Dietary Fiber	2g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)	0	Vitamin D	0mg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

